

#### THE Ultimate Weight-Loss Adventure

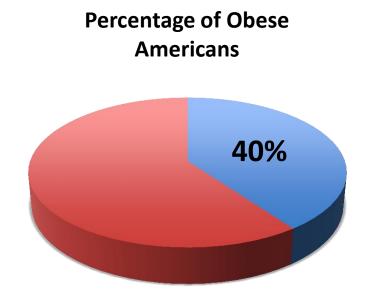
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## **Problem Background**

- Obesity is rampant and rising
- Working out can be difficult, straining
- This leads to a lack of motivation to work out
- We want to promote an active lifestyle, provide motivation



#### Need Statement

 There is a need to promote healthy activity among students in a way that is fun, so that participants are more motivated to continue a workout regimen.

## Goal

 Our goal is to create a mobile, collaborative social game that will encourage users to be active and give them motivation to continue to pursue an active lifestyle while having fun.

# Objectives

- Accessible to large number of people cheaply
- Easy for user to use
- Health feedback to motivate progress
- Fun incentives for being active
- Efficient/fast interface
- Collorative environment
- Should be FUN!

#### **Alternative Designs**

- Hardware-based
  - Accelerometer-based activity monitoring
- Content-based
  - "Amazing Race" style timed challenges
- Weight lifting instructions
- Calorie monitor (Weight-Watchers)
- Track racing style game

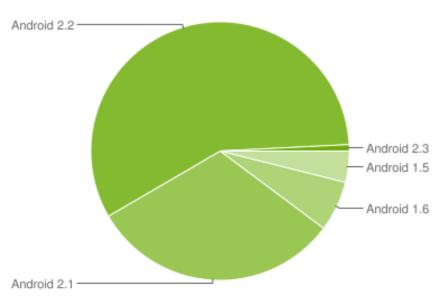
## **Design Constraints and Feasibility**

- Use GPS to track user distance
  - Battery life issues
  - Alternative solution using accelerometer
- Physically hold the phone while playing campuSeek
  - User may not want to hold phone while walking/running
  - Phone clip solution

## **Design Constraints and Feasibility**

- Using a specific Android SDK
  - Compatibility issues
  - Using Android 2.1 because 90% of phones have
    2.1 or higher

Platform	API Level	Distribution
Android 1.5	3	3.9%
Android 1.6	4	6.3%
Android 2.1	7	31.4%
Android 2.2	8	57.6%
Android 2.3	9	0.8%



- Although campuSeek is a unique idea, several other products implement some functionality that is similar
  - NIKE + GPS
  - Endomondo
  - Tourality
  - SCVNGR
  - SportsTracker Pro

- Nike+ GPS
  - IOS platform
  - Time, track routes, record distance of workouts
  - Target audience
     different than
     CampuSeek's



- Endomondo
  - Supports most phone platforms, web
  - Similar to Nike+ GPS
    - Real-time tracking
  - Heart-rate monitor integration
  - Lacks gaming feature of CampuSeek.
  - Audience different



- Tourality
  - Android-based GPS scavenger hunt
  - Challenges posted locally
  - Users compete to find destinations
  - Users encouraged to use vehicles
    - No health focus



- SVNGR
  - Android scavenger
     hunt
  - Encourages going to businesses, places
  - Main purpose is check-in service
  - CampuSeek has health focus

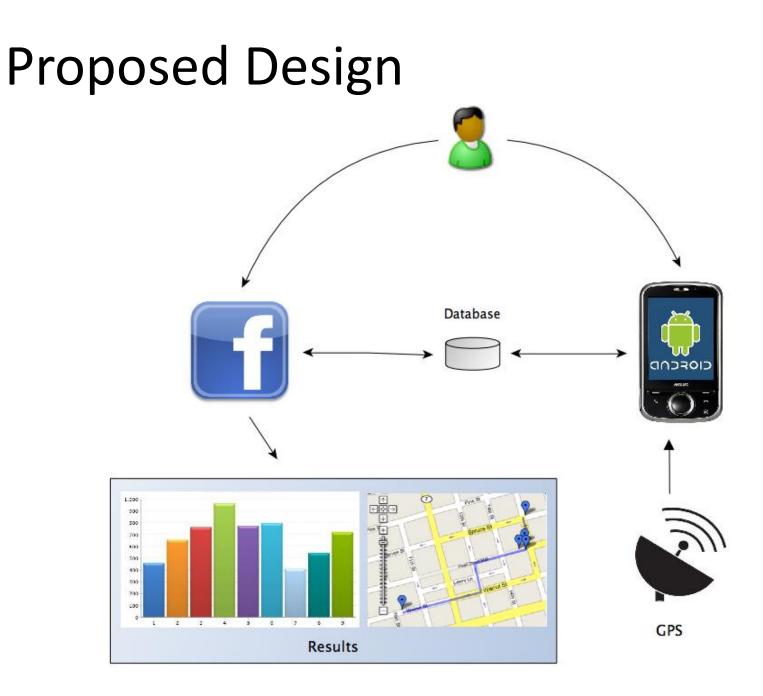


- SportsTracker Pro
  - Android
  - Similar to Nike+ GPS
  - Geared toward
     distance travel sports
  - Analyze pace,
     altitude, speed
  - Lacks gaming, fun focus of CampuSeek



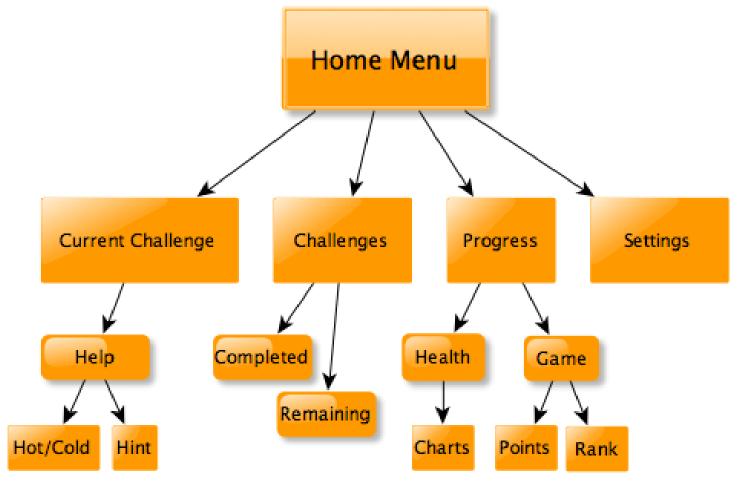
## **Proposed Design**

- Campus scavenger hunt
  - Facebook and Android interfaces
  - GPS used to determine location
- Health charting
  - View progress, analyze data
- Competition
  - Compete in game and health aspects
- Incentives
  - Unlock incentives by completing aerobic exercises



#### **Proposed Design**

• Android Interface



# **Design Analysis**

- Each module tested when implemented – FB, Android, GPS, DB, health
- Test battery life with GPS throughout dayTest GPS to ensure accuracy
- Test that data is sent correctly to FQL database
- Test Android application interface
- Final debugging and testing will be done on the field.
  - Survey satisfaction, fun factor
  - View calorie statistics

#### **Economic Analysis and Budget**

- Low cost
- Holsters may be required if accelerometer is used, or for safety
- Possibly need to purchase web hosting plan

Item	Estimated Cost
Android Phone (x10)	S0 (donated)
Phone Holster (x10)	\$150
Possible Web Host Subscription	\$30
Total	\$180

Task Schedule (Gantt)														
	1 8 9 4 1		Duration (Days)	07 - Feb - 11	14 - Feb - 11	21 - Feb - 11	28 - Feb - 11	07 - Mar - 11	14 - Mar - 11	21 - Mar - 11	28 - Mar - 11	04 - Apr - 11	11 - Apr - 11	18 - Apr - 11
	start	End												
Android SDK installation, testing	2/09/11	2/17/11	9		۰.	_								
FQL database setup	2/15/11	2/21/11	7				_							
Android Interface design	2/19/11	3/04/11	14											
Android DB interaction	2/22/11	3/06/11	13											
Android challenge viewing	3/03/11	3/13/11	11							_				
Android interface completion	3/10/11	3/23/11	14			_								
Facebook interface design	2/09/11	2/22/11	14											
Basic Facebook app launched	2/17/11	2/18/11	2											
Facebook app uses FQL, accesses users	2/18/11	2/22/11	5											
Facebook app collaboration features	2/22/11	3/02/11	9											
GPS support for Android	3/02/11	3/18/11	17						۰.	_				
GPS properly confirms challenge completion	3/15/11	3/26/11	12											
Facebook health statistics	3/26/11	4/04/11	10											
20 Challenges created	2/25/11	4/15/11	50											

#### **Team Roles and Meetings**

- Steve Team leader, will work on Android App and FQL database integration
- Scott Will work on GUI interface of Android App and assist in the FQL database and technical writing
- Fernando- Android App, particular focus on obtaining and utilizing GPS data, challenge creation
- Prince Utilizing data to configure workout statistics for Android App, system interface design
- Will meet during lab times on Tues/Thurs as well as during class when no meetings are scheduled.
   Additional meetings will be planned as needed

#### Societal, Safety and Environmental Analysis

- Societal Analysis
  - Promotes weight loss through a fun interactive game
  - Helps students familiarize themselves with campus, make friends
- Safety
  - Campus is relatively safe, few cars
  - Should be careful where they wander
- Environmental
  - Little foreseeable environmental impact